

Wednesday, November 1

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting: October 31
- 4:00 p.m. CCPA Performances: Golden Dragon Acrobats
- 6:00 p.m. Mayor's Weekly 60
- 7:00 p.m. Planning Commission Meeting: November 1

Thursday, November 2

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Planning Commission Meeting: November 1
- 4:00 p.m. Property Preservation Commission Meeting: October 31
- 7:00 p.m. Parks and Recreation Commission Meeting: November 2

Friday, November 3

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Planning Commission Meeting: November 1
- 3:00 p.m. Parks and Recreation Commission Meeting: November 2
- 8:00 p.m. Active Shooter Seminar

Saturday, November 4

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting: October 31
- 4:00 p.m. CCPA Performances: Golden Dragon Acrobats
- 8:00 p.m. Active Shooter Seminar

Sunday, November 5

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting: November 2

- 4:00 p.m. Planning Commission Meeting: November 1
- 8:00 p.m. Active Shooter Seminar

Monday, November 6

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Active Shooter Seminar
- 3:00 p.m. CCPA Performances: The Ukulele Orchestra of Great Britain
- 7:00 p.m. Parks and Recreation Commission Meeting: November 2

Tuesday, November 7

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting: November 2
- 7:00 p.m. Property Preservation Commission Meeting: October 31

Wednesday, November 8

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. Active Shooter Seminar
- 7:00 p.m. Planning Commission Meeting: November 1

Thursday, November 9

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. CCPA Performances: Golden Dragon Acrobats
- 7:00 p.m. City Council Meeting: November 9

Friday, November 10

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Active Shooter Seminar
- 7:00 p.m. City Council Meeting: November 9

Continued on next page

Saturday, November 11

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. City Council Meeting: November 9
- 9:00 p.m. CCPA Performances:
The Ukulele Orchestra of Great Britain

Sunday, November 12

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. CCPA Performances: Bronx Wanderers
- 5:00 p.m. City Council Meeting: November 9

Monday, November 13

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Meeting: November 9
- 4:00 p.m. Art of Cerritos Library
- 7:00 p.m. CCPA Performances: Benise

Tuesday, November 14

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances:
The Ukulele Orchestra of Great Britain

Wednesday, November 15

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 12:00 p.m. CCPA Performances: Benise
- 7:00 p.m. Town Hall on Public Safety: September 20

Thursday, November 16

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Active Shooter Seminar
- 7:00 p.m. Fine Arts and Historical Commission Meeting:
November 16

Friday, November 17

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 5:00 p.m. CCPA Performances: Golden Dragon Acrobats
- 7:00 p.m. Veterans Day Ceremony 2023

Saturday, November 18

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Fine Arts and Historical Commission Meeting:
November 16
- 1:00 p.m. Veterans Day Ceremony 2023
- 6:00 p.m. Veterans Day Ceremony 2023
- 8:00 p.m. CCPA Performances: Night Fever

Sunday, November 19

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Fine Arts and Historical Commission Meeting:
November 16
- 1:00 p.m. Veterans Day Ceremony 2023
- 3:00 p.m. CCPA Performances:
The Ukulele Orchestra of Great Britain
- 5:00 p.m. Veterans Day Ceremony 2023

Monday, November 20

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Veterans Day Ceremony 2023
- 5:00 p.m. Veterans Day Ceremony 2023
- 7:00 p.m. Fine Arts and Historical Commission Meeting:
November 16

Tuesday, November 21

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Active Shooter Seminar
- 1:00 p.m. Fine Arts and Historical Commission Meeting:
November 16
- 9:00 p.m. CCPA Performances: Night Fever

Wednesday, November 22

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Veterans Day Ceremony 2023
- 4:00 p.m. Town Hall on Public Safety: September 20
- 8:00 p.m. CCPA Performances: Golden Dragon Acrobats

Thursday, November 23

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 2:00 p.m. CCPA Performances: Benise

Friday, November 24

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. Veterans Day Ceremony 2023
- 6:00 p.m. Town Hall on Public Safety: September 20
- 9:00 p.m. CCPA Performances:
The Ukulele Orchestra of Great Britain

Saturday, November 25

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Veterans Day Ceremony 2023
- 2:00 p.m. Veterans Day Ceremony 2023
- 7:00 p.m. Active Shooter Seminar
- 9:00 p.m. CCPA Performances: Night Fever

Sunday, November 26

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. Town Hall on Public Safety: September 20
- 6:00 p.m. CCPA Performances: Golden Dragon Acrobats
- 9:00 p.m. Veterans Day Ceremony 2023

Monday, November 27

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 3:00 p.m. Cerritos Library Author Showcase: Chris Erskine
- 7:00 p.m. City Council Meeting: November 27

Tuesday, November 28

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. Art of Cerritos Library
- 7:00 p.m. Property Preservation Commission Meeting:
November 28

Wednesday, November 29

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting:
November 28
- 7:00 p.m. Concerts Under the Stars: Woodie and the Longboards

Thursday, November 30

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 12:00 p.m. Town Hall on Public Safety: September 20
- 4:00 p.m. Property Preservation Commission Meeting:
November 28