

Sunday, September 1

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Mayor's Weekly 60
- 8:00 p.m. CCPA Performances: Latin Rock R&B Show

Monday, September 2

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 3:00 p.m. CCPA Performances: British Rock Royalty

Tuesday, September 3

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Concerts Under the Stars: Embromar
- 7:00 p.m. Property Preservation Commission Meeting: August 27

Wednesday, September 4

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 12:00 p.m. "Nothing Like It In the World" —
The Story of the Cerritos Auto Square
- 7:00 p.m. Planning Commission Meeting: September 4

Thursday, September 5

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Planning Commission Meeting: September 4
- 7:00 p.m. Parks and Recreation Commission Meeting:
September 5

Friday, September 6

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Planning Commission Meeting: September 4
- 3:00 p.m. Parks and Recreation Commission Meeting:
September 5

Saturday, September 7

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. Concerts Under the Stars: Embromar
- 4:00 p.m. "Nothing Like It In the World" —
The Story of the Cerritos Auto Square
- 8:00 p.m. CCPA Performances: ATMA Ensemble

Sunday, September 8

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting:
September 5
- 1:00 p.m. Mayor's Weekly 60
- 4:00 p.m. Planning Commission Meeting: September 4
- 8:00 p.m. CCPA Performances: California Guitar Trio

Monday, September 9

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Parks and Recreation Commission Meeting:
September 5

Tuesday, September 10

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting:
September 5
- 7:00 p.m. CCPA Performances: ATMA Ensemble

Wednesday, September 11

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Planning Commission Meeting: September 4

Thursday, September 12

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Concerts Under the Stars: Embromar
- 7:00 p.m. City Council Meeting: September 12

Friday, September 13

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Meeting: September 12

Saturday, September 14

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. City Council Meeting: September 12

Sunday, September 15

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 5:00 p.m. City Council Meeting: September 12

Monday, September 16

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Meeting: September 12
- 8:00 p.m. CCPA Performances: British Rock Royalty

Tuesday, September 17

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. "Nothing Like It In the World" —
The Story of the Cerritos Auto Square

Wednesday, September 18

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. CCPA Performances: ATMA Ensemble

Thursday, September 19

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Fine Arts and Historical Commission Meeting:
September 19

Friday, September 20

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Fine Arts and Historical Commission Meeting:
September 19
- 9:00 p.m. CCPA Performances: British Rock Royalty

Saturday, September 21

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: ATMA Ensemble

Sunday, September 22

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Fine Arts and Historical Commission Meeting:
September 19
- 9:00 p.m. Concerts Under the Stars: Embromar

Monday, September 23

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Fine Arts and Historical Commission Meeting:
September 19

Tuesday, September 24

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. Fine Arts and Historical Commission Meeting:
September 19
- 7:00 p.m. Property Preservation Commission Meeting:
September 24

Wednesday, September 25

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting:
September 24

Thursday, September 26

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. Property Preservation Commission Meeting:
September 24
- 7:00 p.m. City Council Meeting: September 26

Friday, September 27

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Meeting: September 26

Saturday, September 28

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting:
September 24
- 3:00 p.m. Mayor's Weekly 60
- 4:00 p.m. City Council Meeting: September 26

Sunday, September 29

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Mayor's Weekly 60
- 5:00 p.m. City Council Meeting: September 26

Monday, September 30

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Meeting: September 26